COVID MITIGATION

Student Orientation



WELCOME COVID-19 MITIGATION Michael N. Peznola, USMC (Ret) Dean of Administration, NWC



COVID-19 Situation and Mitigation



- Standing COVID-19 Coordination Team established to track and inform leadership
- Currently in HPCON B (50% of total occupancy for building with waiver submitted for some spaces)
- Daily Survey
- Vaccinations
- 100% Masking indoors for now until DC goes down to "moderate"
- Waiver request Social Distancing 3' and Occupancy 65% in academic spaces (committee room, seminar and lecture) for FULLY vaccinated personnel. Non-vaccinated 6'.
- Traffic Flow signage
- Air Quality Checks / HEPA Filers being installed
- COVID Testing
 - Check with your heath care provider on access
 - Limited portable self testing, travel and high risk or non vaccinated personnel
- Environmental Cleaning/Self Help (Wipes in all seminar rooms and work -spaces)
- Space Management







People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- **Fever or chills**
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- □ Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- **Congestion or runny nose**
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

Source (CDC): https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html



What do I do if I feel sick?



- Stay Home!
- If you are sick, you should isolate and get a COVID test.
- On daily muster please report, when tested, "tested" this alerts us that you are sick. Still request absence as outline below.
- Follow your College absence request process.
- Isolate until test results back.
- If positive, Contact tracing team will advise.
- If negative, you may return when major symptoms subside e.g. 24 hours without a fever.



What do I do if I am fully vaccinated but exposed to COVID



- Stay Home!
- Isolate (Report Isolating on daily survey)
- Get COVID Test
- Follow instructions of Contact Tracing Team who will contact you!

• We will provide a more detailed brief on Wed 8/4 during the Health and Fitness briefings.